

RECOVERY AND THE WORKPLACE



Prevention of Addiction and Treatment Program

Obra Social Ferroviaria (OSFE) - Argentina -



Dr. Roberto Canay Mg. PhD.



Obra Social Ferroviaria (OSFE)



- The Obra Social Ferroviaria, is a pioneer in providing medical assistance coverage to all different levels of personnel in the same activity, in this case that of the personnel of railway companies.
- Founded in 1944, with the aim of organizing comprehensive medical coverage and ensuring the provision of medical services in favor of workers in the sector.
- Currently provides health coverage to 80.000 workers.

Prevention programs



• 8.000 workers were trained, in 16 provinces of the Argentinian Republic

OSFE has been developing prevention programs in different topics ***related to health.***

From this framework and since 2008, an Addiction Prevention Program based on the training of Railway Sanitary Agents has been implemented.

OSFE, developed training workshops for health agents, in coordination with the labor unions :“Unión Ferroviaria” and “La Fraternidad”, as well as with the health managers of the railway companies.

A preventive activity, requires the articulation and joint work of all the actors involved to achieve being as comprehensive and inclusive as possible.

Prevention programs



Prior to the design of the prevention program, an investigation was carried out with the active participation of the workers, with the aim of describing social and cultural aspects of the consumption of alcohol and substances among the workers.

Material was developed for the primary prevention program in conjunction with the workers, with an axis on prevention and destigmatization of consumption problems.

Through an agreement with the University of the Argentine Social Museum (UMSA), a diploma was organized through which 49 workers received university certification.

Prevention programs



Products:

- Manuals for the Prevention of Abusive Consumption of Alcohol and other Addictive Substances
- Gambling Prevention Manuals
- Guides for the Training Workshops for Health Workers in Addiction Prevention
- Campaign "health problems are treated, not punished", carried out by the railway youth, with a presence at stations and workplaces.
- Publication of research in Indexed Magazines.

Prevention programs

FOCUS:



Prevention programs



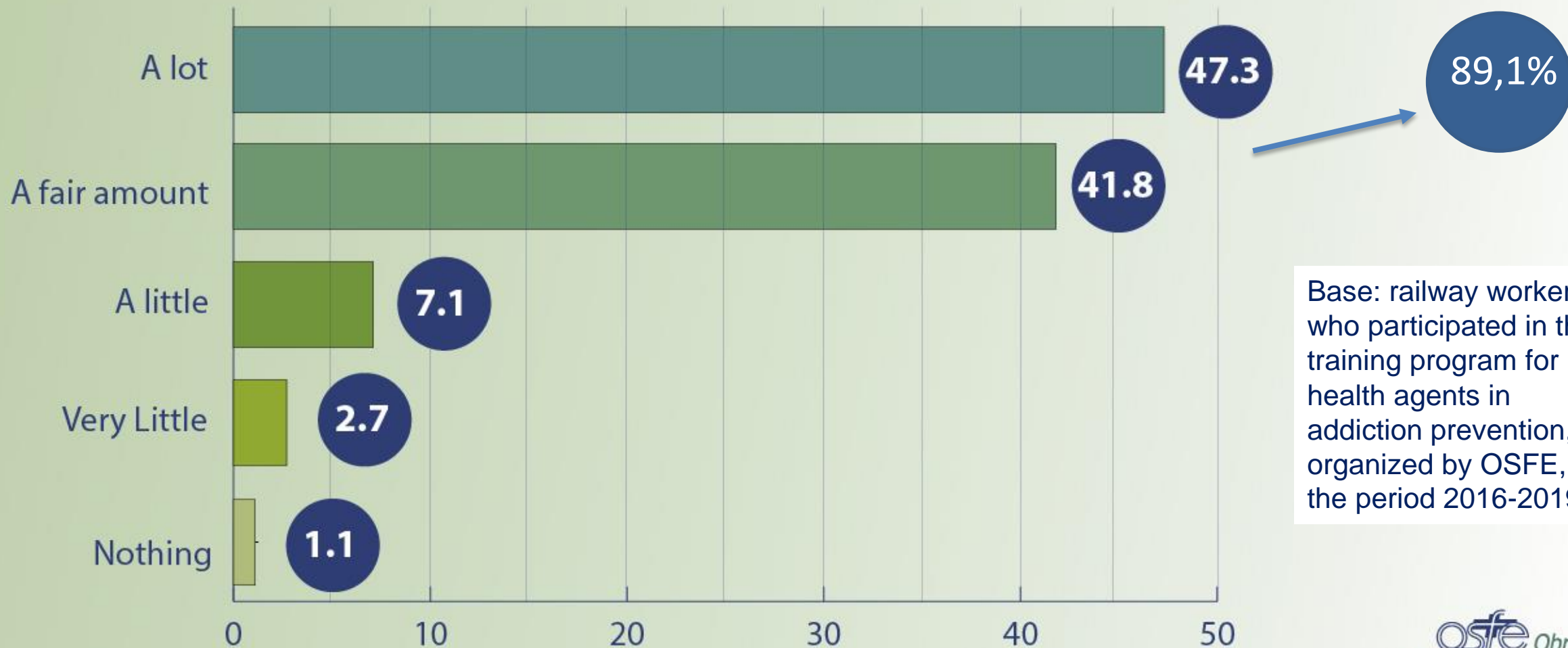
Main axes:

- Active participation of workers throughout the process
- Evidence-based program
- Gender perspective, Human Rights and Public Health approach
- Strengthening of support networks
- Raising awareness of the problem

In 2020, the context of the COVID19 pandemic is incorporated, considering the impact of isolation on consumption and virtual formats in activities.

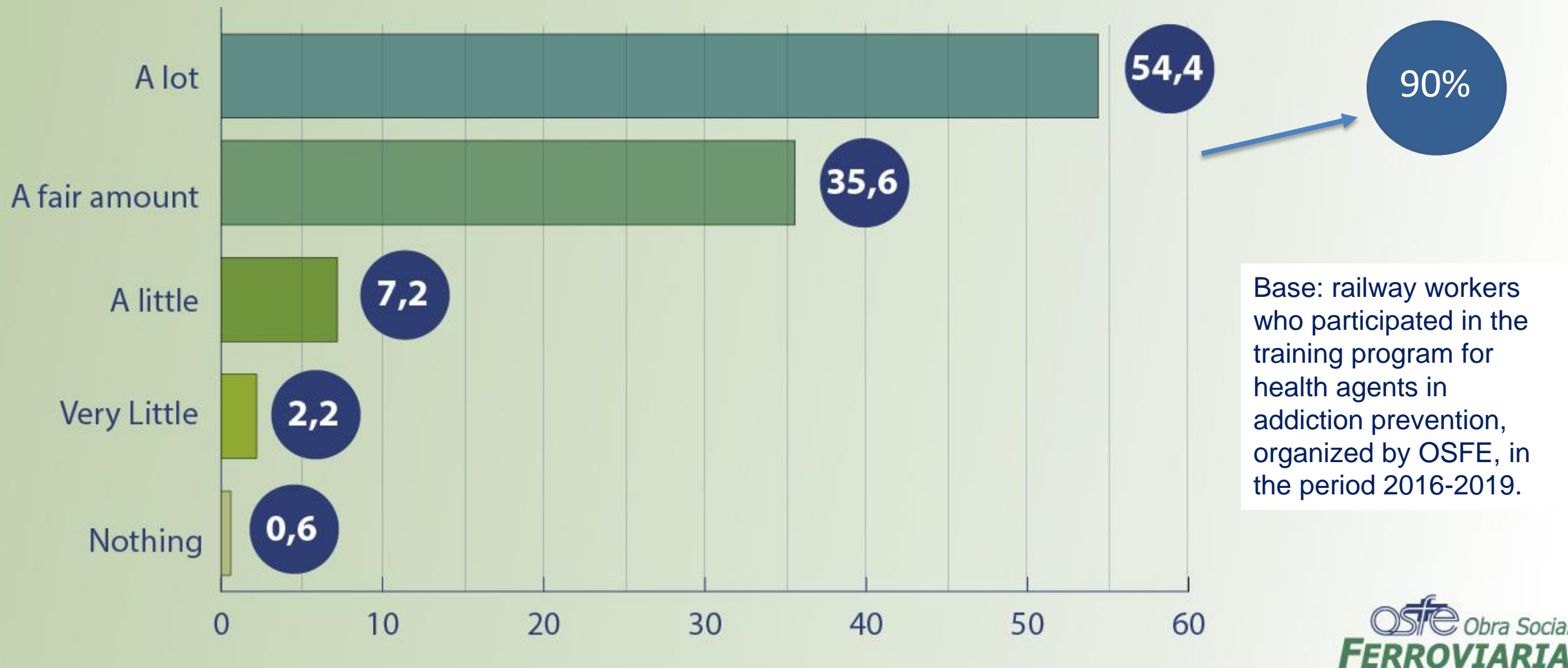
Evaluation indicators

Assessment of knowledge about basic concepts of drug use received in the programs



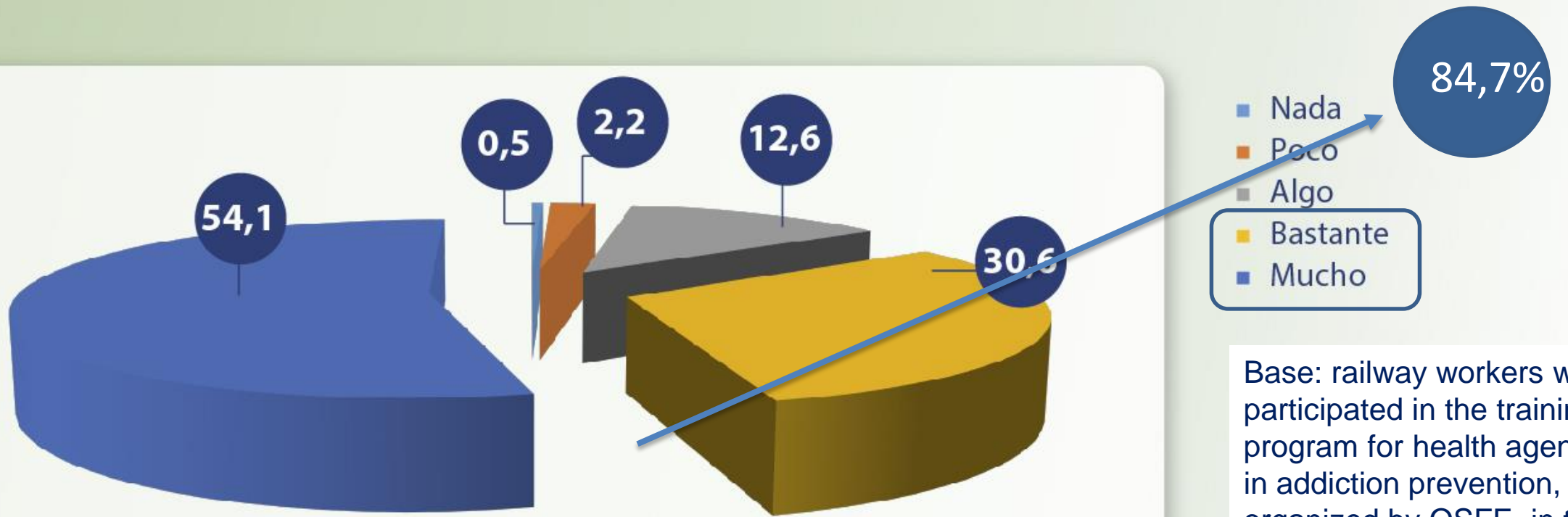
Evaluation indicators

Assessment of knowledge about basic concepts of consumption, abuse and addiction received in the program



Evaluation indicators

Usefulness in the workplace to intervene / accompany consumption problems in coworkers



Certification



- *In 2018 the prevention program received a quality certification, granted by the Secretariat for Comprehensive Drug Policies (SEDRONAR) of the Government of the Argentine Republic.*

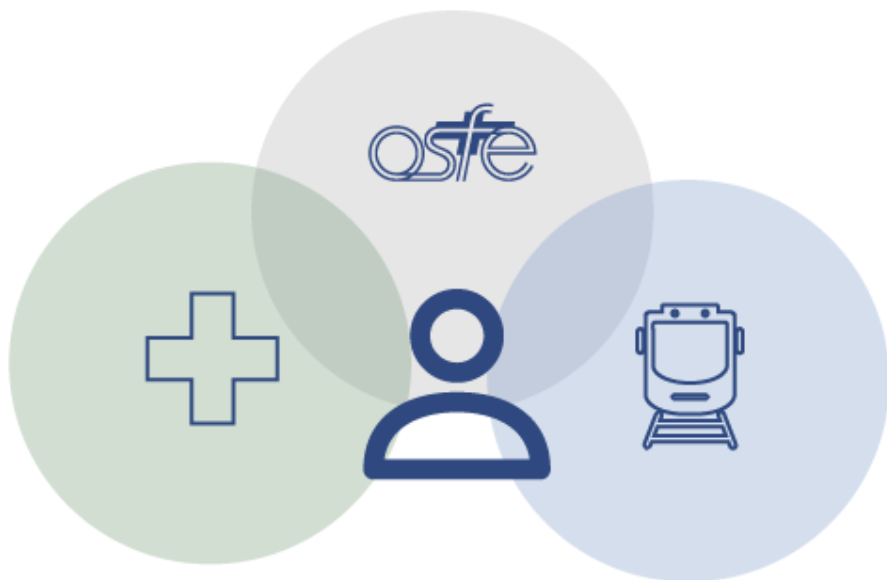
The certification is based on the fulfillment of a series of quality indicators, agreed by the Cooperation Program between CELAC and the European Union in drug policy (COPOLAD)

Certification

*Quality and Evidence
standards in drugs
demand reduction.
Reference framework
for programme
accreditation*



● **Treatment Program**



-
- The comprehensive treatment program for Substance Consumption has a network of devices of different levels of complexity, coordinated and monitored by the OSFE Mental Health team.
 - ***This scheme is based on the network of Rail workers Health Agents, who are the first point of support and in many cases referral to a consumer problem.***
-

Treatment Program

People in treatment between 2008 / 2020

	Female	Male
Number and %	10 (2,92%)	332 (97,08%)
Average Age	36,2	35,80
Range in Years	17/ 63	18 / 60

N: 342

Average Age: 35,79 years

Range: 17/63 years

Treatment Program

People in treatment between 2008 / 2020

Therapeutic Modality

Modality	%
Psychiatric hospitalization	1%
Hospitalization CT	15%
Ambulatory:	18,1%
Day Hospital	64,5%
Consultation:	1,4%
Total	100%

N: 342

Treatment Program

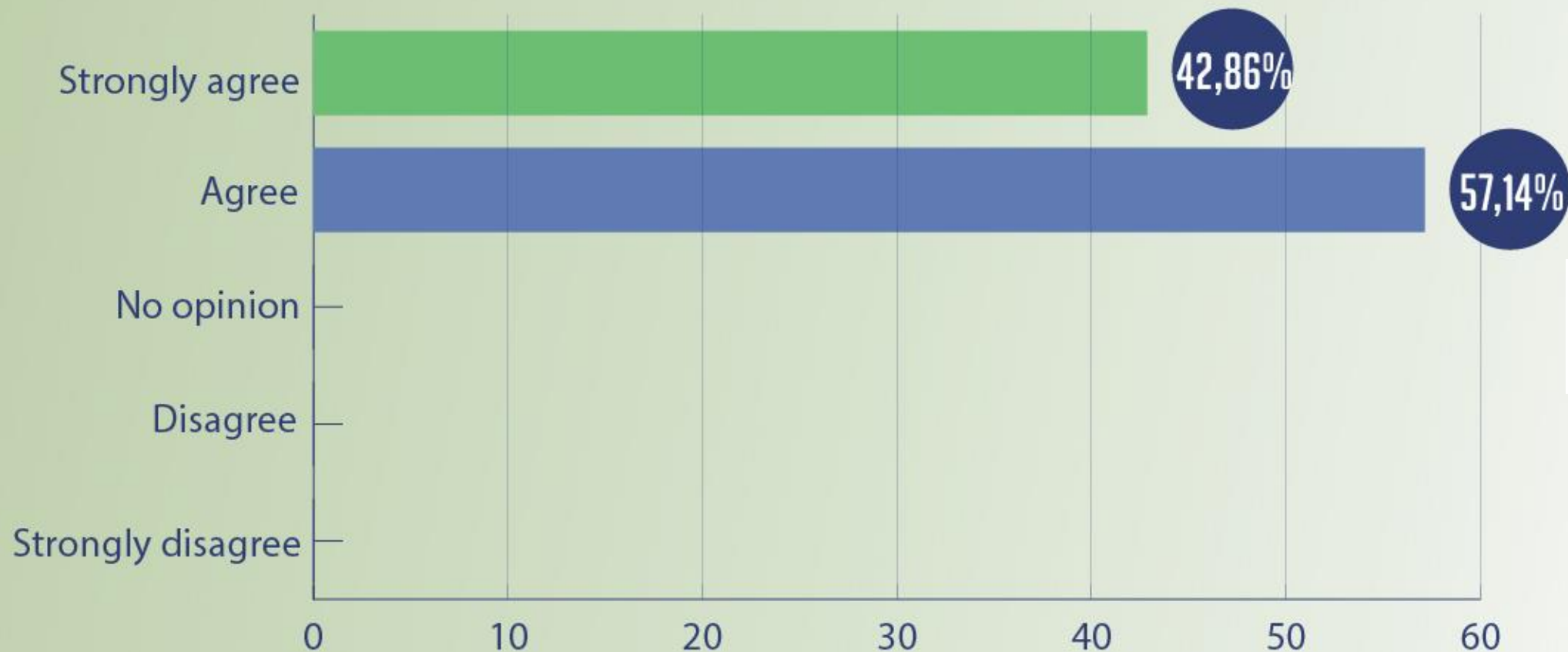
People in treatment between 2008 / 2020

DSM – IV Diagnosis

Patients	DSM - IV	Diagnosis
3,5%	F 10	Alcohol related disorders
1,19%	F 12	Cannabis related disorders
1,16%	F 14	Cocaine related disorders
94,15%	F 19	Other psychoactive substance related disorders

Treatment Program Evaluation

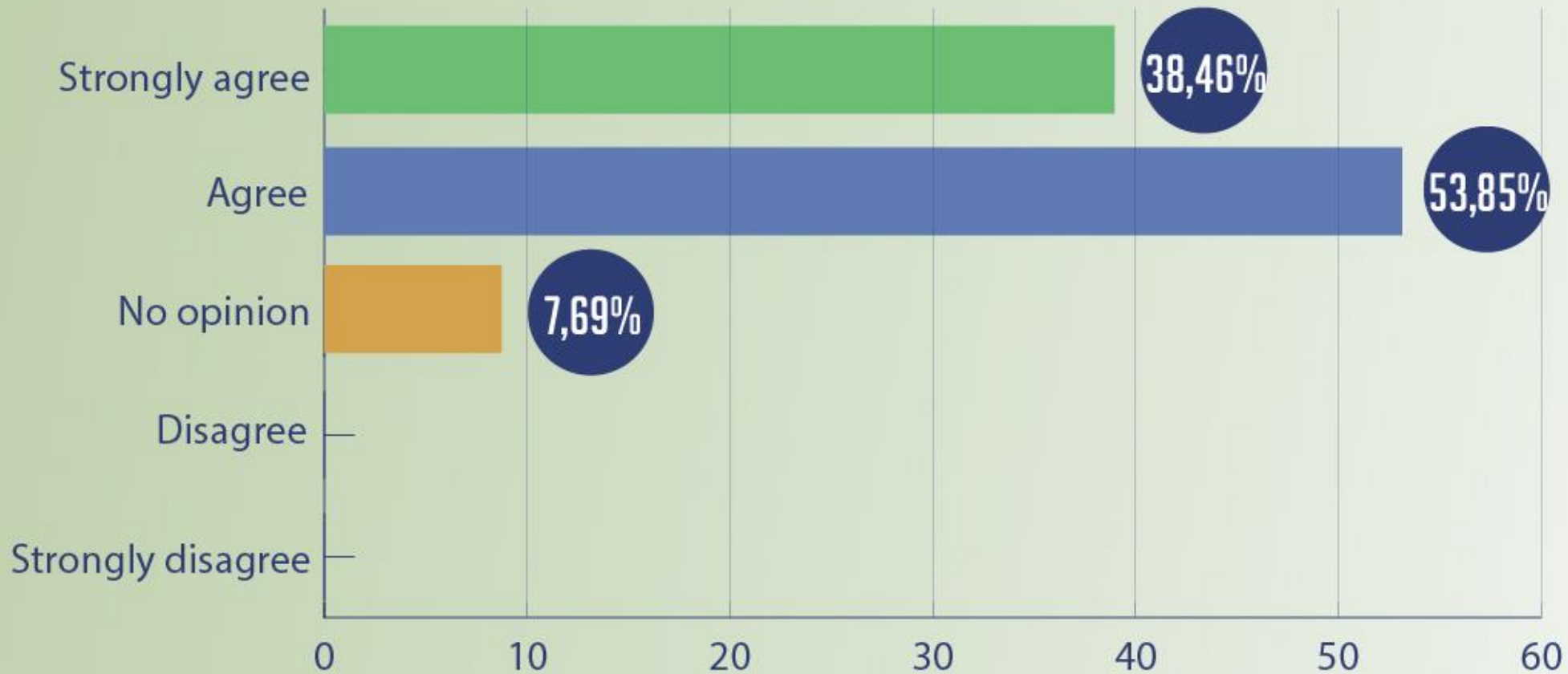
Is the attention of the professionals satisfactory?



Base: People in treatment between 2008 / 2020.

Treatment Program Evaluation

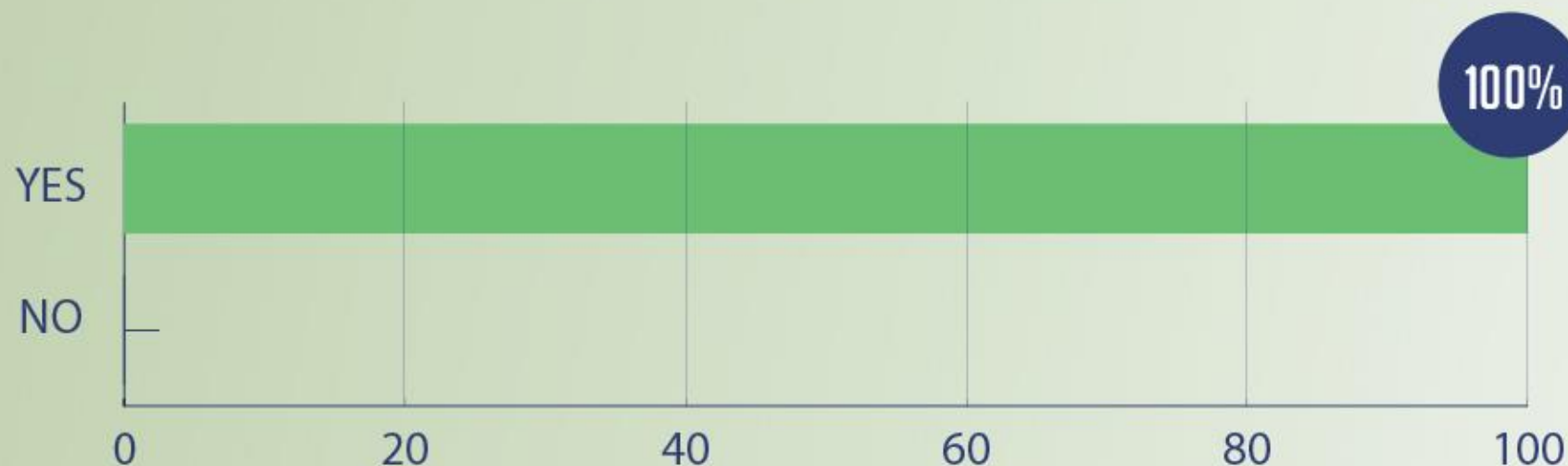
Have they offered me specific solutions to address use issues?



Base: People in treatment between 2008 / 2020.

Treatment Program Evaluation

Would I recommend this device?



Base: People in treatment between 2008 / 2020.

● *Treatment Program Results*

People in treatment between 2008 / 2020



Returned to work: 317 (92,6%)

Work License: 13 (3,80%)

Fired from work: 6 (1,75%)

Treatment abandonment: 6 (1,75%)

THANK YOU
for your attention

